US FedEx Shipping Instructions

1) Ship specimens Monday through Friday. If you complete the collection on the weekend, hold the specimen until the following Monday to ship.

2) Place the cardboard kit box containing the specimens and the completed test requisition form into the FedEx Clinical Pak.

3) Write your name and address in the space provided on the prepaid Billable Stamp and tear off the Customer Receipt for your records.

4) To schedule a pickup, call FedEx toll-free at 1-800-463-3339 (1-800-GO FEDEX). When you hear the automated greeting, say "Schedule a Pick-up." At the next prompt, say "Schedule a Pick-up with a Label or Stamp." You will then be asked if the word "Stamp" is written on the waybill; reply "Yes". You will be asked if your pickup location is a residence or a business; respond with your location type. You will then be prompted for your address information.

Do not use a drop box. FedEx will not accept specimens placed into a drop box.

If you are located in the United States and choose to use a different courier or level of service than provided or are located outside the United States, you must make your own shipping arrangements at your own expense.

Hepatic Detox Profile

Before You Start:

Please read all of the directions, and familiarize yourself with the collection procedures. A first morning void urine collection is recommended for the Hepatic Detox Profile.

The test requires no special diet but if you are taking sulfur containing medications or dietary supplements such as DMSA, DMPS, MSM, etc., please finish the course of medication, and then wait 4 days before starting this collection. A positive (or elevated) level of D-Glucaric Acid may result if you are using medications such as barbiturates, tranquilizers, digoxins, quinidine, or alcohol. Please refrain from taking non-essential medications, dietary supplements, and alcohol for 72 hours prior to and during the specimen collection, unless otherwise instructed by your physician. Never discontinue prescription medications without first consulting your physician.

Female patients should not collect urine during a menstrual period.

Verify Kit Contents:

1 Specimen collection cup
1 Specimen vial
1 Zip-lock bag with absorbent material
1 Test requisition form
1 FedEx Clinical Pak with Billable Stamp

♦ If you are missing kit components, please call Doctor's Data's Customer Service department for assistance.

♦ Save the cardboard collection kit box to ship your samples back to the laboratory. Leave the absorbent material in the zip lock bag. Do not put it in the specimen vial.

Collection Instructions:

1) When you arise collect your first morning urination into the specimen collection cup. Pour the urine into the specimen vial. Fill the vial up to the top of the label and then tighten the screw cap securely.

2) In the collection information section of the requisition form (located in the upper right hand corner) fill in the date you finished the collection. Write the patient's name, the date of collection, and patient's date of birth on the specimen vial. The test cannot be performed without the patient information on the vial. Place the vial into the zip-lock bag, then place the bag in the cardboard shipping box.

3) Fill out the test requisition form completely and sign it. The test cannot be performed without a properly filled out requisition. Place the completed requisition form in the cardboard shipping box. The specimen is now ready for shipment.

To obtain the best results, Doctor's Data recommends shipping specimens as soon as possible. If you cannot arrange shipping on the same day you finish the collection, such as over a weekend or holiday, refrigerate the specimen until you are ready to ship the test collection kit.

Consult your physician if you have any questions during the test collection process.