

FOOD SENSITIVITY & ALLERGY TEST 3 – IGG & IGE 200 PANELS Test Preparation

Step 1- Patient Preparation

Step 2- Food Sensitivity & Allergy Test – IgG & IgE Test

Please follow the guidelines in the test sample box

1. Receive 2 requisitions (one for a local lab to do the blood draw and one for the food sensitivity test lab) and test kit
2. Go to the lab as designated on your lab requisition and given them the lab requisition for the blood draw and the test kit. They will then draw your blood sample and then centrifuge it and ask you to return 2 hours later to pick it up. Allow for time for this ie go at least 2 hrs before the lab closes.

Shipping

Refer to shipping instructions with the kit

The sample must be taken on either Monday, Tuesday, or Wednesday, and must be shipped on the same day the sample was taken. The sample must arrive at lab within 24-48 hours.

Revivelif has partnered with UPS to ease your delivery of samples. The following locations are familiar with our procedures and will assist you in your shipping needs.

- www.theupsstore.ca/137 Barrhaven
- www.theupsstore.ca/180 Bells Corners
- www.theupsstore.ca/208 Carling and Kirkwood, in Hampton Park Plaza
- www.theupsstore.ca/163 Kanata, in Centrum

Note- Please refer to test kit and if any variation exists between the information here and your test kit, follow your test kit instructions. Additional information is provided in the test kits regarding preparation, collection and medications, circumstances, medical conditions, supplements, etc. that may affect the results of the test.

Test results are generally available 2 weeks after lab testing. Please schedule a follow-up appointment with your healthcare team member to review the results and integrate into your health plan.

Insurance & OHIP: This test is not covered by OHIP. You will be required to pay for this test at the clinic and then seek reimbursement from your employment or private health care plan if applicable.

If you have any questions info@revivelif.ca or 613-829-7100