

DETOX 2- HAIR ANALYSIS TEST

Test Preparation

Step 1 – Patient Preparation

1. Hair that has been dyed, bleached, straightened or otherwise chemically treated is vulnerable to contamination or removal of hair mineral content. Best results are obtained when hair has not been treated.
2. Dandruff shampoos containing zinc (Head & Shoulders), selenium (Selsun Blue) and lead (Grecian Formula) or other medicated shampoos/conditioners should not be used prior to taking a sample.
3. If hair is very short, clean thinning shears may be used.
4. Hair from the head is preferred, however, pubic hair can also be used, but is best reserved for situations where head hair is unavailable. Do not combine head and pubic hair.

Step 2 – Hair Analysis Test

1. The sample can be taken at the clinic with the assistance of a team member.
2. Write your name and date of birth on the sample envelope
3. Wash hands and ensure scissors are clean and in good condition.
4. Collect hair samples from the nape of the neck.
5. Cut hair as close to the scalp as possible. It is best if small amounts are cut from four to six areas.
6. Save only new hair growth, about 2.5 cm from the scalp.
7. 1 gram or approximately 1 Tablespoon is sufficient for analysis.
8. Seal tightly in a zip-lock bag.
9. Label the bag and complete sample submittal form.

Step 3 – Shipping

1. The clinic will ship the sample for you.

Note- Please refer to test kit and if any variation exists between the information here and your test kit, follow your test kit instructions. Additional information is provided in the test kits regarding preparation, collection and medications, circumstances, medical conditions, supplements, etc. that may affect the results of the test.

Test results are generally available 2 weeks after lab testing. Please schedule a follow-up appointment with your healthcare team member to review the results and integrate into your health plan.

Insurance & OHIP: This test is not covered by OHIP. You will be required to pay for this test at the clinic and then seek reimbursement from your employment or private health care plan, if applicable.

If you have any questions: 613-829-7100 or info@revivelife.ca