

MONTREAL COGNITION ASSESSMENT (MoCA) Test Preparation

Step 1- Patient Preparation

1. Schedule Your Initial Naturopathic Consult and Montreal Cognition Assessment Test.
2. Be well rested, nourished, hydrated and relaxed for your appointment.
3. Continue all current prescription medications or natural remedies.

Step 2- The Montreal Cognition Assessment (MoCA)

- The simple test will be done in your healthcare practitioner's office. Your healthcare provider will guide you during the test.

Step 3- Interpretation

1. Your healthcare provider will provide you with the results the same day of testing and recommendations for next steps.

Insurance & OHIP: This test is not covered by OHIP. You will be required to pay for this test at the clinic and then seek reimbursement from your employment or private health care plan, if applicable.

If you have any questions: 613-829-7100 or info@revivelif.ca