

Patient Guide – CANDIDA–BLOOD TEST PANELS

Step 1- Patient Preparation

- Receive your test kit from Revivelif clinic
- Read all the directions provided in the test kit thoroughly. If there are any inconsistencies in this information or the test kit, follow the test kit directions. Continue any required medication.

Step 2- Candida Blood Testing

- Book an appointment at the lab as designated on your lab requisition www.dynacare.ca or www.lifelabs.com. You can book after 730 am the day of testing. Get tested Monday – Wednesday and at least 3 hours prior to the lab closing.
- Go to the lab as designated on your lab requisition and given them the lab requisition for the blood draw and the test kit. They will then draw your blood sample. The sample may require preparation in which the lab will ask you to return to pick it up in a few hours.

Step 3- Shipping

- Place the prepared test sample in the test kit, add the proper documents as indicated and place in the pre-paid shipping envelope. Drop it off at the designated courier or call for a pick-up. Shipping is included in the cost of the test kit and you should not be asked for any additional fees.
- Ship Monday-Wednesday and NOT on holidays for optimal shipping and to avoid your sample sitting in a warehouse over the weekend or delays.

Important Notes

- If any instructions differ from your test kit, **follow the test kit instructions**.
- Kits include additional details about medications, supplements, and health conditions that may affect results.
- Results are typically available **2 weeks** after the lab receives your sample.
- Please schedule a follow-up appointment to review your results and integrate them into your care plan.
You may click here to book online.

Insurance & OHIP

- This test is **not covered by OHIP**.
- Payment is required at the clinic. You may submit your receipt to your private or employment health plan for possible reimbursement.

Questions or Support

We're here to guide you through the process. You may email info@revivelif.ca or call us **613-829-7100** if you have any questions or concerns