

Patient Guide: Cardio Advance Panel ND

For more information, visit [Revivelifelife Clinic – Hormone Care](#).

1. **Bloodwork** Complete your lab tests at **Dynacare Labs or Lifelabs**.
 - a. Dynacare: [Dynacare - Find a Location](#)

Patient Preparation

Medications – Continue to take any required medications. 2. Supplements – Continue to take any supplements you are currently taking, unless otherwise advised. 3. Complete Fasting – Is required as indicated on your requisition (i.e. if testing for fasting glucose, or a cholesterol panel is included. If so you must fast for at least 8-12 hours prior to this test – including no food, coffee, tea or water.)

Biomarkers: Apolipoprotein A, Apolipoprotein B, hs-CRP, Homocysteine, Lipoprotein (a), NMR Lipoprotein

2. Follow up Consult:

- Results are typically available in **~2.5 weeks**.
 - Once ready, [book your follow-up online or email us at info@revivelifelife.ca](#).
 - Your **Naturopathic Doctor (ND)** will review results and provide personalized recommendations for health, nutrition, and lifestyle.
3. **Recommendations:** Your care team will provide personalized recommendations for your health, nutrition, and lifestyle.

Fees and Insurance (Pricing subject to change without prior notice)

- Pricing may vary; please refer to our [online booking site](#) or email info@revivelifelife.ca for current rates.
- Tests are **not covered by OHIP**. Payment is required at the clinic.
- You may submit receipts to your **private or employment health plan** for possible reimbursement.
- Additional fees may apply for **add-on tests** not included in the standard panel.

Timeline

- Lab results take about **2.5 weeks** to process.
- Once results are in, we'll schedule your follow-up consults promptly.

Questions or Support

We're here to guide you through the process. You may email info@revivelifelife.ca or call us **613-829-7100** if you have any questions or concerns.